INDEX FOR 1978

Here it is...the index for the twentieth volume of the *International GYMNAST*. The **IG** has achieved an unmistakable, international reputation for reporting gymnastic events to the at-large gymnastic community. By carefully reading the pages of the present volume, you can be just as well informed as any foreign devotee'. Our Gold Medal achievements in the recent World Championships also indicate progress internationally and the especially high placement of our Men's Team in France could mark the rejuvenation of our national program for boys and men, which is currently in a period of decline.

The international exposure of our gymnasts and coaches may finally convince us of the need for a more unified program which will continue the good efforts in the competitive domain as well as bolstering the base of instruction and research. We are still lagging behind other countries in sponsoring a broad program of gymnastics. This will not be accomplished until interested organizations pool their talents to produce such things as certification standards for teachers and coaches, a comprehensive gymnastic achievement system that will be equally attractive to the instructor and the coach and a systematic reporting of research efforts that will result in a more balanced development of theorists and clinicians. Clinical efforts (and they are much improved) still lack the theoretical support of research such as one might find in Moscow or Dresden.

The instructional content of the **IG,** once the forte' of the *Modern Gymnast*, has tapered off. The Biomechanical Task Force of the USGF, once a promising boon to theoretical efforts, has waned. The **IG** must be responsible to its readers, however, whose demands are quite different than those of a professional society whose members share a common interest in the advancement of one field or another. Despite the **IG** subscriber shift to a younger, female audience, I would like to thank Publisher Sundby for having the wisdom to occasionally include the kind of material that appeals to researchers and educators. The **IG** performs a unique function in this respect. No gymnastic organization in our country is currently showing an interest in publishing such material. Even though we have not yet proclaimed #1 in the world (a psychosomatic compulsion leaving time for little else), we have now elevated many of our gymnasts to "World Class" status. It is time to begin to establish some balance. If not, we will surely witness another gymnastic decline.

A. Bruce Frederick

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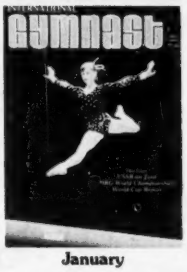

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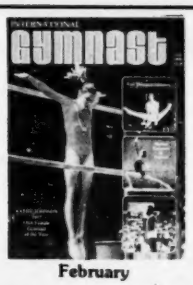

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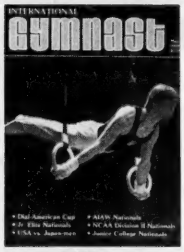

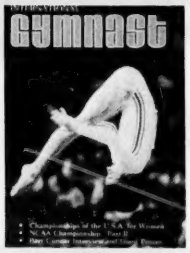

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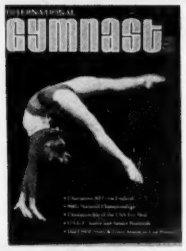

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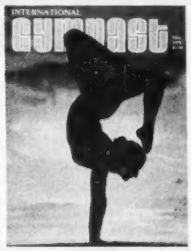

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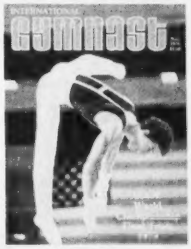

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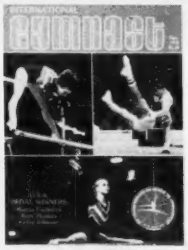

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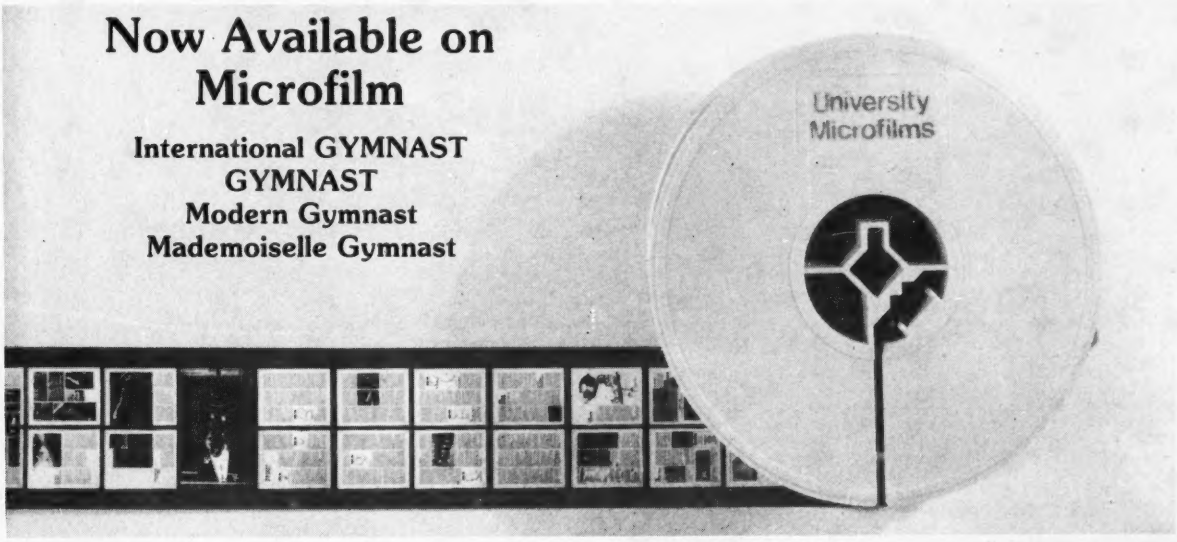

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